

Reiki Indian Head Massage

Reiki promotes healthy energy flow throughout the body to balance the chakras, support the body's ability to regulate its internal environment, and foster emotional wellbeing.

Indian Head Massage is a traditional therapeutic treatment that uses Ayurvedic techniques to massage acupressure points on the scalp, neck, face, shoulders, arms, and back.

In both Indian Head Massage and Reiki sessions, clients remain fully clothed - a perfect, faff-free experience for people in a hurry!





Reiki and Indian Head Massage Santosa Wellness Centre 21 Albert Street Edinburgh EH7 5LH



Reiki or Indian Head Massage 225 ^{30min session} + Chai & Cake



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